



**American Horticultural  
Therapy Association.**

# **2011 Annual Conference**

## **Recovery and Rehabilitation**

### **The Role of Horticulture Therapy in the Therapeutic Community**

## **Session Agenda**

### **Thursday, October 20**

8:00 am – 5:00 pm     AHTA Board of Directors Meeting     Asheville Arboretum  
4:00 pm – 8:00 pm     Registration Opens

### **Friday, October 21**

8:00 am – 12:00 pm     Registration Open  
8:00 am – 9:15 am     Breakfast for Pre-Conference for Tour Attendees  
9:30 am – 5:15 pm     Pre-Conference Tours

- Bullington Center
- CooperRiis (Lunch included)

5:30 pm – 9:30 pm     Social at CooperRiis

### **Saturday, October 22**

7:00 am – 9:00 am     Registration & Information Table Open  
7:30 am – 8:30 am     Breakfast  
8:30 am – 9:45 am     Opening Welcome and Remarks: Gabriela Harvey, HTR, AHTA President  
Keynote Speaker: Sharon Leigh Young, PhD & Chief Recovery Officer, Clinical  
Psychologist at CooperRiis Healing Farm  
*How to Become a Recovery Revolutionary*  
  
10:00 am – 11:00 am     Plenary Session: Markus Wullimann, HTR  
*Therapeutic Communities*  
  
11:15 am – 12:15 pm     Concurrent Sessions A

- HT in Corrections-You Have the Right to Remain Planted! : Hilda Mechthild  
Krus, MSW,HTR; Laurie Sexton, HTR
- What Gives a Garden it's Healing Power: Geoffrey Roehll, ASLA
- The New/Old Newsletter: A Proven, Valuable, Multipurpose Tool: Nancy  
Chambers, HTR

12:15 pm – 1:45 pm     Lunch and AHTA Annual Meeting  
  
1:45 pm – 2:45 pm     Concurrent Sessions B

- Engaging Clients through the Therapeutic Use of Self: Barbara Kreski, MHS,  
OTR/L
- Thinking Outside the Box- Creating Job Opportunities in Horticultural Therapy:  
MaryAnne McMillan, HTR; Gwenn Fried, CDCP
- Holistic Horticultural Connections: Susan Grimes, BS; Lisa L. George, MS

2:45pm – 3:45 pm     Concurrent Sessions C

- The Impact of HT on Adolescent Recovery: Jon Trauth, LISW
- The Psychotherapeutic Application for HT: Leigh Anne Starling, MS, CRC,  
HTR
- From the Ground Up: Starting a HT Program: Laura DePrado, BS

- 4:00 pm – 5:00 pm      Concurrent Sessions D: Round Tables
- On the Road to Becoming an HTR: moderated by Leigh Anne Starling, MS, CRC, HTR
  - Research Power Meeting: moderated by Leah Messer Diehl , HTR & Lesley Fleming, HTR
  - Internship/New Guidelines: moderated by Johanna Leos, MAG, MBA, HTM

*Dinner on your own*

**Sunday, October 23**

- 7:00 am – 9:00 am      Registration & Information Table Open
- 7:00 am – 8:30 am      Breakfast
- 8:30 am – 9:15 am      Plenary Session: Diane Relf, PhD, HTM  
*HT from Both Sides Now*
- 9:15 am – 10:15 am      Concurrent Sessions E
- Getting to the Roots of Recovery: Kathleen K. Wellington, M.ED, LPC; Alice Straker, LCSW
  - HT-An Intervention for Post Traumatic Stress Disorder: Johanna Leos, MAG, MBA, HTM
  - How to Plan and Implement a HT Program: k. Rene Thompson, MS, HTR, CTRS; Melanie Hammer, MSW, HTR
- 10:15 am – 11:15 am      Concurrent Sessions F
- Using Horticulture in an Alzheimer’s & Dementia Support Groups: Gwenn Fried, CDCP
  - Garbage Gardening: Grow It, Don’t Throw It!: Pam Chance, HTR
  - HT Where?: Lesley Fleming, HTR
- 11:30 – 12:30 pm      Concurrent Sessions G
- HT & the Role of Resilience in Rehabilitation, Health & Wellness: Matt Wichrowski, MSW, HTR
  - Co-treating Aphasia with HT & Speech Language Therapy: Beverly Brown, PhD; Meredith A. Rao (30 min.)/ Essentials for Happiness in an Aging Society: Kenshi Nishino, MD, PhD, HTR (30 min.)
  - HT as a Field of Research in Switzerland: Renata Schneiter Ulmann (30 min.)/ Les Ateliers Nature-Culture- An HT Program Developed in France: Marine Brule, LA (30 min.)
- 12:30 pm – 1:30 pm      Lunch, Poster Sessions and Silent Auction Results
- 1:30 pm – 2:30 pm      AHTA Board of Directors Meeting
- 1:30 pm – 2:30 pm      Concurrent Sessions H
- The Dance of Recovery: Libba Shortridge, HTR
  - Health through Horticulture using Succulents: Alicia Green, MA, NCC,HTR
  - Nurturing a Seed: Developing a Therapeutic Garden: Kim Ewy, MS, MLA,HTR; Angela Melewski, ASLA, RLA, LEED AP
- 2:30 pm – 3:30 pm      Concurrent Sessions I
- Empowering Ethnic Elders through Horticulture: Juliet Niehaus, PhD, HTR
  - Nutrition Basic for Horticultural Therapists: Lisa Schactman, HTR
  - Name that Garden: Leah Messer Diehl, RLA, HTM
- 3:30 pm – 4:15 pm      Wrap Up and Refreshments