

Heifer GSO Project—what will we do without it?

Technical Assistance &
Mini Projects

Peer to Peer & Capacity
Building

Best Use & Future Needs

Technical Assistance & Mini Projects

Teacher In-service to support school gardens

Food Security Task Force

In April 2009, survey of over 300 low income citizens (majority turned out to be 55+) seeking services at food banks, receiving USDA commodities, and living in public housing.

65% said they always or sometimes run out of food due to cost.

30% said that they or a family member suffered from diabetes.

48% said they or a family member had high blood pressure.

67% reported that expenses such as utilities and health care kept them from paying for food.

However, over 90% said eating fresh vegetables was important.

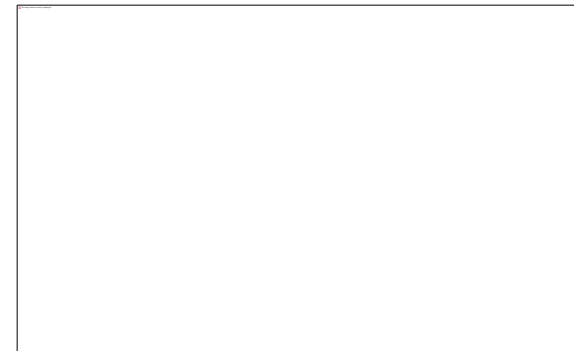
96% were interested in seeing the schools offer fresh, locally produced foods.

Technical Assistance & Mini Projects

Additionally, we have found...

According to 2009 CDC Health Analysis, 71% of adults in Greene Co. reported consumption of few fruits and vegetables.

When compared with 26 other similar counties across the country, Greene County ranks 26 of 27.



Interestingly, the same percentage: 71% of children in the Greene County School System qualify for free and reduced lunch.

What are we gonna do about it?

Currently we are working on a food/health directory that will list agencies that make food available, farms, markets, stores & restaurants where healthy local food can be purchased, and health resources for those who suffer from food related health illness.

Peer to Peer & Capacity Building

Lots of peer to peer work within the region with Jubilee and Cafe

We hosted McIntosh Seed and visited the packing house at Appalachian Sustainable Development

Rachel Reinhart from Jones Valley Urban Farm in B'ham presented best practices for beginning community gardens

Peer to Peer & Capacity Building

Capacity Building included:

Development of a workplan system for staff

Board development

Fundraising Training

Branding

New interactive website

The Rural Resources Brand

→ **Friendly**

→ **Clean & Tidy**

→ **Engagers of Community**

Best Use & Future Needs

Best Use of GSO Funds: Everything!

Future Needs: Money of course!